

Official WCDF competition dance description 2022

Soul Shake

Fred Whitehouse

Type : 64 Count, 4 Wall, Clockwise
Level : Modern Line Dance Basic Dance C
Music : "Soul Shake" by Tommy Castro (BPM 155)

WEAVE, CHASSE, ROCK STEP

1 LF Step L
2 RF Cross behind
3 LF Step L
4 RF Cross over
5 LF Step L
& RF Step together
6 LF Step L
7 RF Step backwards
8 LF Recover weight

¼ MONTEREY TURN R 2X

9 RF Touch R
10 RF ¼ Turn R, step together (3:00)
11 LF Touch L
12 LF Step together
13 RF Touch R
14 RF ¼ Turn R, step together (6:00)
15 LF Touch L
16 LF Step together

SIDE ROCK, CROSS, X2, SIDE, CROSS

17 RF Step R
18 LF Recover weight
19 RF Cross behind
20 LF Step L
21 RF Recover weight
22 LF Cross behind
23 RF Step R
24 LF Cross over

STOMP, SWIVEL HEEL TOE HEEL, X2

25 RF Stomp diagonally R forward
26 LF Swivel heel in
27 LF Swivel toe in
28 LF Swivel heel in
29 LF Stomp diagonally L forward
30 RF Swivel heel in
31 RF Swivel toe in
32 RF Swivel heel in

World Country Dance Federation

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TWIST, CLAP, X2

33 BF Swivel heels R
34 BF Swivel toes R
35 BF Swivel heels R
36 BH Clap together
37 BF Swivel heels L
38 BF Swivel toes L
39 BF Swivel heels L
40 BH Clap together

TOE STRUT 2X, FORWARD 2X,

¼ STEP TURN L

41 RF ¼ Turn R, cross over on toe
(9:00)
42 RF Drop heel
43 LF ¼ Turn L, step forward on toe
(6:00)
44 LF Drop heel
45 RF Step forward
46 LF Step forward
47 RF Step forward
48 LF ¼ Turn L, weighted (3:00)

FORWARD, TOUCH, FORWARD, SCUFF, JAZZBOX

49 RF Step forward
50 LF Touch L
51 LF Step forward
52 RF Scuff
53 RF Cross over
54 LF Step backwards
55 RF Step R
56 LF Cross over

TOE HEEL with SWIVEL 2X,

FORWARD, TOGETHER, HEEL BOUNCE 2X

57 RF Touch toe diagonally R forward
LF Swivel heel R
58 RF Touch heel diagonally R
forward
LF Recover heel
59 RF Touch toe diagonally R forward
LF Swivel heel R
60 RF Touch heel diagonally R
forward
LF Recover heel
61 RF Step forward
62 LF Step together
63 BF Bounce heels
64 BF Bounce heels