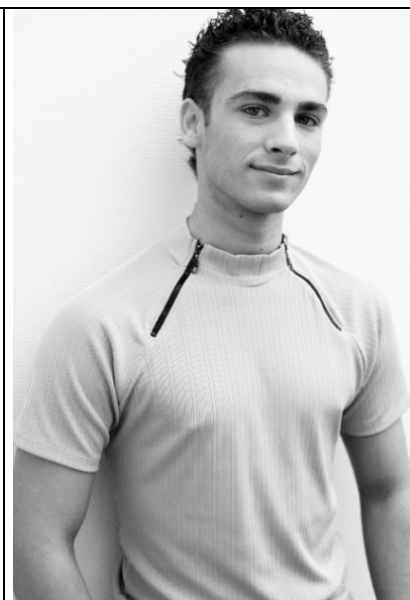


Lay You Down Easy

Choreographer: Daniel Trepát (NL)

May 2016



Type of dance: 32 count, 2 walls, line dance
 Level: Beginner
 Music: "Lay You Down Easy" by MAGIC! ft. Jean Paul
 Intro: 8 counts from first heavy beat in music (aprom. 10 sec into track)

Counts	Footwork	End facing
1 – 8	1/8 turn L 2x, Cross, Side, Syncopated Weave	
1 – 2	Step R forward (1), 1/8 turn L recovering weight on L (2) (Option: you can make a hip turn)	10:30
3 – 4	Step R forward (3), 1/8 turn L recovering weight on L (4) (Option: you can make a hip turn)	9:00
5 – 6	Cross R over L (5), Step L to L side (6)	9:00
7&8	Cross R behind L (7), Step L to L side (&). Cross R over L (8)	9:00
9 – 16	Continuous Shuffle L, Rockstep, Shuffle R	
1&2&	Step L to L side (1), Step R next to L (&), Step L to L side (2), Step R next to L (&),	9:00
3&4	Step L to L side (3), Step R next to L (&), Step L to L side (4)	
5 – 6	Rock R back (5), Recover on L (6)	9:00
7&8	Step R to R side (7), Step L next to R (&), Step R to R side (8)	9:00
17 – 24	Cross, Side, Sailor ¼ turn L, Rockstep, Coasterstep	
1 – 2	Cross L over R (1), Step R to R side (2)	9:00
3&4	Cross L behind R (3), ¼ turn L stepping R slightly to R (&), Step L forward (4)	6:00
5 – 6	Rock R forward (5), Recover on L (6)	6:00
7&8	Step R back (7), Step L next to R (&), Step R forward (8)	6:00
25 – 32	Rock forward-Side-Back, Step, Touch, Side, Hip Bumps 2x	
1&2&	Rock L forward (1), Recover on R (&), Rock L to L side (2), Recover on R (&),	6:00
3&4	Rock L back (3), Recover on R (&), Step L to L side	
5 – 6	Touch R next to L (5), Step R to R side (6)	6:00
7&8	Transfer weight on L & bump hip to L (7), Recover hip to R (&), Bump hip to L (8)	6:00
HAVE FUN AND I AM LOOKING FORWARD TO DANCE WITH YOU AGAIN!		